



ARBOR
HOSPICE



SPIRITUAL CARE
SERVICES

For many,
spiritual care
is a bridge to
achieving peace
of mind at the
end of life.



The Spiritual Care Advisor is an important member of your care team. Their goal is to work with patients and families to help achieve peace of mind and have good quality of life.

This means working through questions that often come up, such as “Why me?”, “Why must my loved one suffer?” and “What can I leave behind as a testament to my life?”

At Arbor Hospice, we have great respect for the wide range of cultural traditions and religious backgrounds of those we serve. If desired, our advisors can coordinate with clergy and any other spiritual supports you may already have.

A spiritual care advisor will meet with you and your family to determine their role in the plan of care. They can provide spiritual guidance, pastoral care, and even assist with funeral arrangements.

WHO RECEIVES SPIRITUAL CARE FROM ARBOR HOSPICE?

We recognize that the importance of spiritual care differs from person to person. Some people may find comfort in the rituals and traditions of organized religion; others may need to evaluate the meaning of their life and relationships or come to terms with important issues in other ways.

Because spiritual care is a core service of the hospice benefit, all patients admitted to our program will be offered or provided with a visit from a spiritual care advisor. The visit provides an opportunity for the patient and family to get to know the spiritual care advisor.

We make every effort to honor each patient's background and values, and to provide spiritual care that is supportive of their faith and traditions.

WHY IS SPIRITUAL CARE IMPORTANT?

Simply put, support from a spiritual care advisor can help patients and their families manage the difficulties associated with illness and dying. For many at the end of life, addressing spirituality can have a positive impact on pain management, quality of life and developing coping strategies.

Recognizing the sacredness of dying and respecting our commitment to honor life to the end is an essential value of Arbor Hospice. We strive to ensure quality of life and peace of mind for our patients and families.

A SPIRITUAL CARE ADVISOR CAN PROVIDE:

SUPPORTIVE SERVICES

- Counseling
- Patient/family support
- Insights to end-of-life questions

SPIRITUAL/EMOTIONAL SHARING

- Aid in coping with the loss of independence/changes in life-roles
- Opportunities to reflect on one's life
- Guidance in finding closure in unresolved relationships
- Helping find meaning and purpose in life
- Aid in finding resources for support

PSYCHOSOCIAL GUIDANCE

- Relief for feelings of spiritual distress, sadness, fear, powerlessness, guilt, shame
- Avenues to forgiveness and reconciliation
- An exploration of the power of hope

FAITH-BASED CONNECTIONS

- Engagement with religious community
- Opportunities for spiritual reflection and prayer with patient and family

ENCOURAGEMENT

- Help in identifying spiritual values and developing a sense of belonging/identity
- Guidance in life-review
- Celebrate life accomplishments
- Help in identifying sources of joy and hope

Counseling. Support.
GUIDANCE



UNDER OUR CARE, THERE'S COMFORT

Since 1984, Arbor Hospice has been committed to providing quality compassionate care for those experiencing life-limiting illnesses. Arbor Hospice, a not-for-profit organization, is integrated into the community with the help of its experienced staff and caring volunteers through its certified hospice services, grief support services and community education programs. Arbor Hospice serves communities in Hillsdale, Ingham, Jackson, Lenawee, Livingston, Monroe and Washtenaw counties.

As a member of the NorthStar Care Community, we collaborate with other not-for-profit providers, sharing a goal to continually provide unsurpassed care, guidance and quality of life for patients facing serious illness, which includes practicing the highest standards of hospice and palliative care. Collectively, we touch the lives of more than 9,800 patients and families each year.



888-992-CARE

CALL US ANYTIME

24/7 Caregiver Support Center

arborhospice.org

Home Office

2366 Oak Valley Dr., Ann Arbor, MI 48103

Find us on Facebook at

facebook.com/arborhospice.org



*Arbor Hospice is a recognized
501c3 charitable organization.*