

Ensuring Caregiver Support for the Future

Arbor Hospice inherited a true friend through its partnership with Hospice of Michigan. As both a founding member of the Hospice of Michigan Foundation Board and a past chair of the not-for-profit's Board of Trustees, Larry Bos has been a passionate advocate for quality hospice care for nearly three decades. Together with his wife Dolores, they have been hospice care's most loyal and generous donors.

Through the years, Dolores and Larry's legacy of generosity has manifested itself in many ways as they each took great joy in serving others. Complementing Larry's Board service, Dolores served on our fundraising committee and shared her artistic skills to design Hospice of Michigan's iconic **Crystal Rose**, symbolic of the quality of care Hospice of Michigan provides.

Sadly, in 2018, death came suddenly and unexpectedly to Dolores. Larry was, and continues to be, heartbroken. "I have been blessed with an extraordinary life, made even richer and more fulfilling by a long, happy marriage to the most giving person in the world, my beloved wife Dolores," Larry recently said.

In life, Dolores' commitment to help others through life's challenges inspired Larry to donate \$1 million to establish the **Dolores Bos Family Caregiver Support Fund**.



Dolores Bos

The **Dolores Bos Family Caregiver Support Fund** will provide the support and resources family caregivers need to care for their loved ones, bringing honor and dignity to each day they have together. The support Arbor Hospice and our partner Hospice of Michigan provides patients and their families not only helps them

navigate this most sacred stage of life, but also makes such a difference in how families cope throughout the end-of-life journey. A huge component of this *Caregiver Support Fund* will fund:



Larry Bos with Bob Cahill, President & CEO at a special signing luncheon.

- Patients' quality-of-life needs such as fans, a cell phone, meals, small electric bills – those items often taken for granted, but for some are necessities as families are struggling with end-of-life issues.
- Grief support counseling for family members before and after the death of their loved one.
- A 24/7 caregiver support line for day and nighttime calls to answer questions and dispatch a nurse to a patient's home during a crisis if needed.
- Social work support for couples and family members to help with emotional needs throughout their care and assist with healthy living after the death of a loved one.

At a special luncheon held in July, Larry explained his motivation to establish this fund, stating "I believe that becoming a family caregiver, especially at the end of life, is the ultimate expression of love and selflessness. These often overlooked heroes make it possible for their loved one to remain in the comfort and familiarity of their homes, while taking on the majority of their daily care themselves, under the guidance of the hospice care team."

We invite donors to join Larry in helping realize his vision to support caregivers served by Arbor Hospice. Your donation to the **Dolores Bos Family Caregiver Support Fund** will help to assure that families across Michigan will be prepared to honor a loved one's life at one of its most important stages.

As further recognition of their legacy of giving, the *Arbor Hospice and Hospice of Michigan Legacy Giving Society* will be renamed the **Dolores Bos Crystal Rose Society**.

A Message From Bob



Bob Cahill, President and CEO

For 35 years, Arbor Hospice has been committed to ensuring communities throughout Washtenaw, Livingston, Monroe, Lenawee and Jackson counties have access to quality end-of-life care. Families have shared with us that the services they received have provided peace, comfort and dignity that every person deserves.

We know that hospice and palliative care is a responsible healthcare choice, providing quality of life at a fraction of the cost of traditional medical care. As the Baby Boom generation ages, broader use of the hospice care benefit can help alleviate the impact on our over-burdened healthcare system.

But there are gaps that need to be filled, not just to meet the increasing need, but to accommodate those in the communities we serve who do not know how to access hospice services, or are unaware of the benefits it can offer. Your support will fill those gaps across the state and improve our outreach to better serve the needs of families.

Your support is vital to meet the specific needs of our local communities diverse population.

Veterans – Military veterans—more than 20% of our patients—have unique needs at the end of life, and our staff are deeply committed to veteran care.

Cultural Affiliations – We continue to provide culturally-specific care to respectfully address the needs of patients of all religious affiliations and cultural traditions.

Grief Support – A robust array of grief support is available to families who are facing end-of-life journeys, including individual and group support, memorial events, and even virtual programming.

Living Our Open Access Mission – Our commitment to Open Access means we will never turn away anyone, regardless of age, diagnosis or ability to pay.

Every Person, Every Time.

These four powerful, yet simple words are our commitment to providing the best end-of-life care possible. And with support from our donors, like you, we are able to deliver on that promise *Every Person, Every Time*. For this, we are so grateful for the generosity of all of our donors.

Warmest regards,

A handwritten signature of Bob Cahill in black ink.

Bob Cahill

The Ford Volunteer Corps Continues to Help Our Gardens Grow

For nearly 20 years, the Ford Volunteer Corps has dedicated their time, energy and special skills to help maintain the eight acres of beautiful gardens and ponds that surround our home office in Ann Arbor.

The gardens serve as a space for both employees and the community to take a morning walk or an evening stroll, offering a place for personal healing, meditation, relaxation and reflection. For years, they have also provided a peaceful setting for Arbor Hospice's annual memorial service.

Yet in order to maintain the gardens and the many structures throughout, it takes a great deal of knowledge and effort. On a daily basis, our master gardener Deb Emmons is responsible for preserving the 11 gardens, over

200 different plants, pathways, arbors and ponds. This year-round work is arduous and expansive, and requires the assistance from dedicated volunteers to nurture these superb grounds.

For many years, Arbor Hospice received grants from the Ford Fund supporting a variety of programs. This support has included the hands-on support of the Ford Volunteer Corps on various garden projects. Recently, their efforts have not only been on preserving the gardens, but also on the skilled work of building and maintaining several of the structures on the grounds – including the recent preparation for a Compost Education Center.

Without the support and hard work from the Ford Volunteer Corps, the grounds surrounding the home office



would not be as well kept as they are today. We are honored to provide a peaceful sanctuary for families and friends, as well as the community, to come together and remember a loved one. For more information regarding the gardens, volunteering or getting involved, contact Deb Emmons at demmons@arborhospice.org.

Making the Journey Together

To her friends and family, Nancee Sanville was a luminous presence with an uncommon ability to leave people with a feeling of light and peace following an encounter. Loved by all who knew her, she had a unique blend of characteristics that truly made her one-of-a-kind.

Both wise and practical, as well as caring and compassionate, Nancee was a real go-getter, always moving forward with confidence and determination. Literally and figuratively, she “wore the tool belt” in all of her relationships, taking care to support those around her – especially her husband, Guy, and daughter, Rose. She took great pride in her efforts at the Purple Rose Theatre in Chelsea where Guy is the Creative Director, ready to problem-solve whenever needed. Everyone knew if Nancee was around, you were in good hands.

Despite facing a devastating cancer diagnosis, Nancee approached it with her signature resolve and determination. For nearly three years, with the support and encouragement of her family and friends, she battled her disease. However, when she recognized that her cancer treatment was no longer effective, she made a courageous choice and contacted Arbor Hospice. She knew they would allow her to maintain what she so deeply valued – her autonomy and her dignity.

Nancee’s decision to shift her goals to focus on the quality of her remaining life was difficult for her family. They were exhausted and anxious about the future and simply could not imagine a life without her. But, they respected her decision, and like many family caregivers, Guy and Rose were deeply committed to caring for her and working with her hospice team.

Nancee’s nurse, Fabiola, quickly forged a close and trusting bond with the entire family. Sensing their distress over seeing Nancee in such pain, Fabiola immediately worked to bring her pain and symptoms under control. Once comfortable, Nancee and her family started to feel more in control, and their sense of hopelessness faded.

Adding to their relief was the additional support that Fabiola and the rest of the Arbor Hospice team provided – especially the assistance for Nancee’s daily personal care. This support allowed Nancee, Guy and Rose the ability to focus their energy on spending more quality time with each other.

Throughout Nancee’s hospice journey, Fabiola was careful to honor her desire to set the pace of care, always waited for Nancee’s acceptance before they moved ahead with any medical decisions.

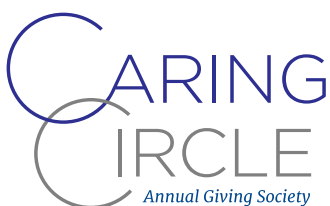


Guy and Nancee

Fabiola’s respectful patience was important on many occasions, perhaps most notably upon suggesting that Nancee begin using an oxygen mask to help her breathe more comfortably. Nancee struggled with the recommendation as it was a symbol of the disease’s progression, but Fabiola allowed her the time and space to work through her emotions, ready to answer questions so she could feel confident that she was making the best decision.

During Nancee’s last days she was surrounded with love and support from her family, her friend Helen, her Purple Rose friends, her Arbor Hospice care team, and others from the community. In turn, Nancee smiled at everyone, as if to assure them that everything would be OK. Which in the end, it was.

Guy says that the care that Nancee received was everything they could have hoped for. His advice to other families and patients is “to let people help”. While the pain of their loss is profound, Guy and Rose know that they have the support of their wide circle of friends, as well as the team at Arbor Hospice to help them.



Annual giving is the foundation of Arbor Hospice’s ability to fulfill its not-for-profit mission of serving all who need our care regardless of their diagnosis, age, or ability to pay. It is through the annual support of our donors – who support Arbor Hospice year after year – that we are able to offer the quality, compassionate care everyone deserves at the end of life.

The **Caring Circle Annual Giving Society** recognizes the generosity of these annual donors, whose gifts allow Arbor Hospice to continue offering hospice and palliative care, bereavement services to adults and children, complementary therapies, community education and outreach throughout Washtenaw, Livingston, Monroe, Lenawee and Jackson counties.

You can give the gift of hospice care and join the **Caring Circle Annual Giving Society** by making cumulative annual gifts of \$1,000 or more within a calendar year (January through December). Please keep Arbor Hospice in mind as you make your year-end giving plans.

As a **Caring Circle** donor, you will be recognized in Arbor Hospice’s spring edition of *Connections*.

Make your gift to Arbor Hospice at www.arborhospice.org, or call (800) 669-9335.

Savor the Journey 2019

A Hands-On Experience of Comfort

In May, Arbor Hospice welcomed nearly 300 supporters to the annual *Savor the Journey* fundraiser at the Jack Roth Stadium Club, high above the iconic Block M of Michigan Stadium. This year, guests were treated to a variety of interactive experiences showcasing Arbor Hospice's Complementary Therapies Program, along with other unique, hands-on activities.

As guests enjoyed an elegant strolling dinner, they had the opportunity to express their creativity by painting a special "masterpiece," honor a loved one at the Memorial Wall, and interact with several Arbor Hospice certified massage and music therapists. These highly trained clinicians who are the backbone of Arbor Hospice's Complementary

Therapies Program helped our guests deepen their appreciation of the powerful therapeutic approaches they use with patients to help manage pain and improve quality of life. And of course, Leon, our certified therapy dog, shared his special brand of puppy love to anyone wanting ...or needing it.

The evening's program included a moving and emotional presentation from Music Therapy Supervisor, Rachael Lupton-Lawrence MS, MT-BC. She shared an incredible patient story that demonstrated how music can soothe the body and the soul.

The program, emceed by noted sports broadcaster, and University of Michigan alum Eli Zaret, wrapped up with a lively



Foundation Board Member Mike McCarthy's son goes for a field goal.



Board of Directors Richard Laurin catches a pass.

auktion of the Bo Schembechler painting that so many guests contributed their artistic talents to.

Capping off the evening was the opportunity to tour the game-day locker room, run through the tunnel and take to the football field just like the Michigan Wolverines. There were field goal attempts, pick-up games and lots of laughter – all for a good cause.

By the end of the evening, Arbor Hospice netted \$65,000 to support essential end-of-life patient and family programs.

SAVE THE DATE FOR 2020: THURSDAY, MAY 14 • BACK BY POPULAR DEMAND: THE JACK ROTH STADIUM

Sealed with a Kiss

As fate would have it, Andy Ferkovich's and Meridil Avrin's paths have crossed a number of times at social events since Memorial Day 2018. These chance encounters blossomed into a special friendship that was sealed with a kiss on the football field at the 2019 Savor the Journey event. Here's Andy's personal note about how their chance meetings led up to this sweet moment.



We met at the Grand Hotel on Mackinac Island over Memorial Day in 2018. It was just by chance and just to say "Hello". Later in the summer we met again at Comerica Park at a Tigers baseball game. Again just by chance. This time we talked and found we had much in common. One being that we had each lost our spouse recently. Happened that we both had turned to Ann Arbor Hospice for help.

Andy Ferkovich

Keepsakes for Care

Entering its 28th year, Arbor Hospice's longest running fundraiser, *Hearts of Remembrance*, continues to inspire the generosity of donors throughout the community, raising, on average, \$50,000 annually. The funds raised support essential patient care, pediatric hospice, grief support and complementary therapy efforts and are a unique way to honor loved ones, both past and present.

These volunteer-crafted keepsakes have not only become a collector's item, but are also a touching way to provide comfort to the bereaved, memorialize a loved one, or as a thoughtful gift when you don't know what to say.

When purchasing a *Heart of Remembrance*, you are paying it forward and giving the gift of excellent care. All proceeds from Hearts sales ensures that other families and patients can experience the dignity, comfort and peace that we all deserve at end of life. (A donation as modest as \$50 can provide a day of medication for a patient.)

The 2019 edition of both the traditional and veterans Hearts of Remembrance are now available.

- Traditional Hearts are on sale for \$25 for the first heart, \$20 per additional heart.
- Veterans Hearts are on sale for \$20 per heart. The Veterans Heart is intentionally more modestly priced to honor the service of our brave veterans.

Please remember, *Hearts of Remembrance* are on sale all year long.

2019 Hearts of Remembrance



2019 Veterans Hearts of Remembrance

Call For Hearts Volunteers

The gracious and talented volunteers who give their time to make these keepsakes are always on the look out for committed and creative people to join them.

To inquire about volunteering or to order online, please visit: www.arborhospice.org/donate/hearts-of-remembrance/ or contact Courtney Beckett at (313) 578-5024. Limited quantities of past Heart editions are available upon request for \$15 each.

In Loving Memory of Pat Vitale

Long-time *Hearts of Remembrance* volunteer Patricia Vitale passed away unexpectedly on Sunday, June 23, 2019. Pat volunteered for Arbor Hospice and has contributed an immeasurable amount of hours to this project's success. Pat served as co-chair of the *Hearts of Remembrance* Committee with Kay Rayment.

Kay, along with all of the Hearts Committee members, will deeply miss their cohort. Pat's role included keeping track of the number of Hearts made, materials needed, and all of the detailed record keeping that kept this project on track. In addition, Pat contributed to the making of thousands of Hearts over the years.

Committee members and Arbor Hospice staff will miss her constant presence in the Hearts meetings and luncheons. As one committee member said, "She leaves us with wonderful memories."



Brittany August, Arbor Hospice's lead volunteer coordinator, expressed the organization's condolences. "Pat was a dedicated *Hearts of Remembrance* volunteer. It was always a pleasure to see her in the office. We know she will be deeply missed by her loved ones. Our deepest sympathies from all of us at Arbor Hospice."

This year's Hearts sales will be designated in memory of Pat for all of her years of service with Arbor Hospice's *Hearts of Remembrance* program.



Kay Rayment and Pat Vitale (R), *Hearts of Remembrance* Committee Co-Chairs in front of a history of Arbor Hearts.

Special Thanks to our
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**OVERARCHING STANDARD
OF HIGHER PURPOSE**

Every Person, Every Time.

PURPOSE STATEMENT

We meet our patients and families where they are with urgency, purpose and compassionate accountability surrounding them with decades of dedicated hospice expertise.

CULTURE STATEMENT

Our strength comes from working together providing more layers of support for anyone with a terminal illness who seeks and needs our care regardless of age, diagnosis or ability to pay.

If you wish to remove your
name from future fundraising
solicitations, contact the
Donation Processing Center,
800-669-9335 or
email: inquiries@arborhospice.org.

AN EXCLUSIVE STATEWIDE FILM PREMIERE

JUMANJI THE NEXT LEVEL

For more than a decade, renowned children's author Chris Van Allsburg, and his wife Lisa, have supported pediatric hospice care through charity premiere events for the film versions of Chris' classic children's books. This legacy continues with the statewide film premiere of the 3rd installment in the Jumanji series.

DECEMBER 8
Celebration! Cinema North
GRAND RAPIDS

DECEMBER 9
State Theater
TRAVERSE CITY

DECEMBER 10
AMC Classic State 3 Theater
ALPENA

DECEMBER 11
Imagine Royal Oak
ROYAL OAK

*For more information and to
purchase tickets, visit:*

WWW.JUMANJI4ANCHORS.COM

