

northstar
Palliative Care

An Extra Layer of Support, When You Need it Most



northstar Palliative Care

“Not only did NorthStar Palliative Care stay in touch with my existing doctors, they also helped me navigate my healthcare options so I could make the best decisions for my care.”



Support from NorthStar Palliative Care can help you and your family cope with the many burdens of a serious illness.

The goal of NorthStar Palliative Care is to not only provide relief from the pain and symptoms of a potentially life-limiting illness, but to also address the psychological, emotional and spiritual suffering that you and your family may experience.

SPECIALISTS IN COMFORT Just like a cardiologist specializes in treating diseases of the heart, or a pulmonologist is an expert in the lungs and respiratory system, the NorthStar Palliative Care team are *quality of life specialists*, focused on your complete needs, not just your illness.

AN EXTRA LAYER OF SUPPORT NorthStar Palliative Care provides an extra layer of support to assist you and your family as you navigate your healthcare resources.

Collaboration. Our specially-trained doctors, Nurse Practitioners and other care professionals that make up the NorthStar Palliative Care team work in partnership with your other doctors, who continue to direct your care. You can receive the support of NorthStar Palliative Care while undergoing tests, treatments, hospitalizations and consultations with others specialists that may cure or reverse an illness.

Communication. The NorthStar Palliative Care team communicates with all of your doctors so that everyone is on the same page. They walk beside you and your family as you consider treatment options, facilitating discussions to help you make informed decisions that align with your life's goals.

CARE THAT COMES TO YOU The NorthStar Palliative Care team comes right to you - there's no need to schedule an office visit. All NorthStar Palliative Care visits are in the comfort of wherever you call home, whether it is a private residence, an assisted living or a skilled nursing facility.

WHO PAYS FOR IT? As part of standard benefits, Medicare Part B and Medicaid cover some NorthStar Palliative Care medications and treatments, including visits from doctors and nurse practitioners. Medicare Part B covers 80% of charges and is subject to a co-pay and deductible. Co-pays are billed to secondary insurance and/or covered by the family.

Many insurance providers offer complete or partial coverage for NorthStar Palliative Care, just like other hospital or medical services. The NorthStar Palliative Care teams can help you and your family understand coverage and payment options.

CAN I BENEFIT FROM NORTHSTAR PALLIATIVE CARE?

NorthStar Palliative Care may be a good choice if you are experiencing any of the following:

YOUR ILLNESS OR DISEASE is progressing with symptoms that are not responding to medical treatment

YOUR ABILITY to complete activities of daily living are declining

YOU ARE HAVING DIFFICULTY controlling physical or emotional symptoms, including weight loss and psychological or spiritual distress

THERE IS UNCERTAINTY regarding your prognosis or your goals of care

YOU HAVE HAD MULTIPLE hospitalizations and/or you have had difficulty managing treatments

Among many diseases, NorthStar Palliative Care most often treats people suffering from the symptoms and stress of serious illnesses such as cancer, congestive heart failure (CHF), chronic obstructive pulmonary disease (COPD), kidney disease, late-stage Alzheimer's Disease, Parkinson's Disease, and Amyotrophic Lateral Sclerosis (ALS). Contact us to learn how we can help.

Call NorthStar Palliative Care **877-227-8823** Monday-Friday | 9am-5pm

Email: info@NorthStarPalliativeCare.org | Visit: www.NorthStarPalliative.org



NORTHSTAR CARE COMMUNITY believes everyone in our reach has the right to the best end-of-life experience possible, filled with comfort, dignity and peace. We strive to fulfill that mission no matter what the patient's age, diagnoses, complexity of care, place of residence or financial circumstances.

NorthStar Care Community members created a collaborative network to reinforce our strengths, diversify our capabilities and share best practices as we continue to improve our expertise. Our scope of services also includes providing physical, emotional and spiritual care for seriously ill patients and their families during the final months of life.

A member of the **northstar** Care Community

