

Suggested Readings and Informational Websites

Spousal Loss

- General
 - *Getting to the Other Side of Grief: Overcoming the Loss of a Spouse.* S. Zonnebelt-Smeenge & R. De Vries. (1998). Baker Publishing Group.
 - *Finding your Way after Your Spouse Dies.* M. Felber. (2000). Ave Maria Press.
 - *Healing a Spouse's Grieving Heart.* A. Wolfelt. (2003). Companion Press.
 - *I'm Grieving as Fast as I Can: How Young Widows and Widowers can Cope and Heal.* L. Feinberg. (1994). New Horizon Press.
 - *When You find Yourself Alone: Words of Wisdom for Widows and Widowers.* D. Hansford. (2003). Hansford Publishing.
 - *When Your Spouse Dies.* M. Tengborn. (2002). Augsburg Fortress Publishers.

- Widows
 - *Being a Widow.* L. Caine. (1990). Penguin Publishing.
 - *Widow to Widow: Thoughtful, Practical Ideas for Rebuilding Your Life.* D. Genevieve. (1998). Perseus Publishing

- General grief information site www.aarp.org/griefandloss
- Center for Loss and Life Transition www.centerforloss.com
- Monitored online support groups www.griefnet.org